

## POSTER DISCUSSION GUIDELINES

### Poster Discussion Information

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Poster Discussions are presented at one of the sessions scheduled at the two poster terminals in the exhibition. Each author will present a digital poster orally for 2 minutes, followed by 2 minutes for discussion. Sessions will not be streamed but pre-recordings should be uploaded for the online platform.

**Should the presenting author not be able to attend the congress in Copenhagen, they are requested to assign a co-author to give the presentation onsite.**

Posters are to be uploaded to the poster gallery and an oral presentation recorded that does not exceed 2 minutes.

**We kindly ask authors to submit their digital poster and complete the presentation recording via the online uploading platform. The deadline is Thursday 21 April, 23:59 CET.**

### Poster Discussion During Congress

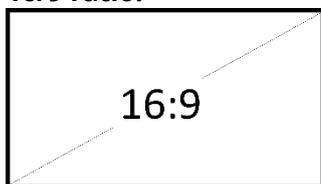
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You are required to present yourself to the Poster Discussion Station of your session 15 minutes before the scheduled start. A Chair will moderate the session. You will present live from a large screen showing your digital poster which you are able to control (zoom in/out) from a control panel at the lectern. You have 2 minutes to present followed by 2 minutes for Q&A.

### Poster Format

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- The digital poster should be **submitted as a one-page PDF** and displayed in **landscape orientation, 16/9 ratio.**



- You are welcome to use the PowerPoint template to create your content and then export it as a PDF: [DOWNLOAD POSTER TEMPLATE](#)

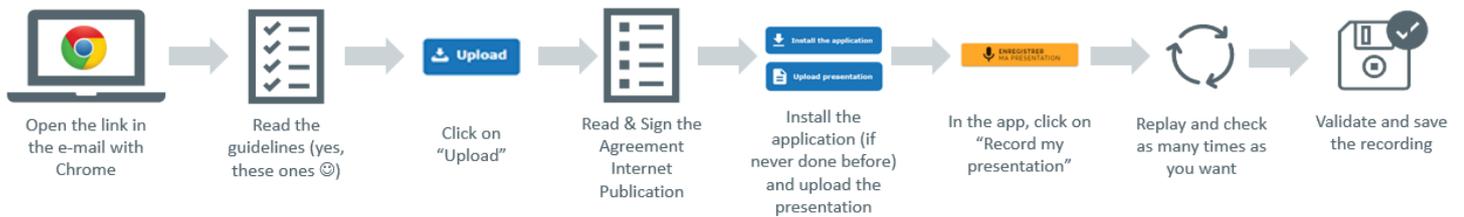
### Online Uploading Platform

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Presenters are kindly asked to upload their Poster and then record their presentation via the online upload platform. **The deadline for uploading and recording is Thursday 21 April, 23:59 CET.**

An email will be sent to authors with a link to connect to the platform where they can:

- Submit your **one-page PDF file;**
- **Select interactive zones on their PDF.** Viewers will be able to zoom in on these zones.
- For each zone, **create a voice recording directly in the platform.**
  - Ensure the recording relates to the content of the selected zone.
  - **In total, the voice recording must not exceed 3 minutes.**



**Step 1** - Open the below link with a Google Chrome web browser

**Step 2** - Review the guidelines

**Step 3** - Click on "Upload" and attach your Poster

**Step 4** - Read and sign the publication agreement

**Step 5** - Install the recording application

**Step 6** - Open the app and click on "Record my presentation"

**Step 7** - Review your recording, you can re-record if you are not satisfied

**Step 8** - Validate and save the recording

## Tips for your recording

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We recommend for an optimal result:

- To use a headset with a microphone
- Have a good internet connection **AND use the browser Chrome** ([DOWNLOAD CHROME](#))
- Record the presentation in a quiet room with no background noise
- Prepare the speech in advance if needed

## [Click here to UPLOAD & RECORD YOUR PRESENTATION](#)

- You will need to **create an account** (this is different to your MyESTRO account).
- Your username must be the email address to which you received the instruction email and you can create a password of your choosing.
- If you already have an account, you can log in with your username and password

**After uploading a poster and recording, you should receive a confirmation email.** If you do not receive a confirmation email, you should check your junk folder and/or contact the support services as soon as possible via email ([support@cyimhelp.zendesk.com](mailto:support@cyimhelp.zendesk.com)).

**For technical support, we will be pleased to help you: [support@cyimhelp.zendesk.com](mailto:support@cyimhelp.zendesk.com)**