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Kari Tanderup Professor, PhD Department of Clinical Medicine, Aarhus University / Aarhus University Hospital Denmark

ESTRO background

I have enjoyed being involved in ESTRO activities for more than 15 years. Throughout my professional career, I have experienced ESTRO as facilitator of a most rewarding and motivating way to work together in an international network. I initiated my ESTRO activities in 2005 in the GEC ESTRO gynaecology network and in 2007 in the GEC ESTRO Braphygs working group. I have since then continued my ESTRO engagement with particular focus on gynaecological brachytherapy as chair of the GEC ESTRO gyn network, as member of the GEC ESTRO committee (since 2012) and as member of the ESTRO board (since 2020). The GEC ESTRO gyn network provided the momentum to establish the international prospective EMBRACE study (2008 and onwards). The EMBRACE study has been a motor of dissemination of image guided brachytherapy in cervix cancer, and has provided clinical evidence for the positive effect of image guidance. Furthermore, I have interest in educational activities and have been teaching in the ESTRO gyn course since 2007 and in the course on Research in Medical Physics (2015-2019). Finally, I have enjoyed contributing to the planning of ESTRO meetings and scientific conferences. During the last decade, I was particularly enthusiastic about the initiation of the GEC ESTRO workshop, which connects brachytherapy colleagues in a meeting which is focused on practicing high quality brachytherapy.

Experience

My professional interests are mainly anchored in gynaecological radiotherapy with brachytherapy as a particular focus. I have a clinical background as medical physicist and committed later my professional efforts mainly to research. I have much interest and dedication towards clinical research, in particular through the EMBRACE studies. The EMBRACE studies are creating a wealth of clinical data on treatment and outcome after radiotherapy in cervix cancer patients. I appreciate the multidisciplinary bridging of the fields of e.g. treatment planning, treatment characteristics, statistics and clinical outcome. ESTRO is an important facilitator of multidisciplinary research and development. ESTRO teaching courses, workshops and conferences are a most important setting for creating opportunities for multidisciplinary collaboration.

Furthermore, one of my key interests is to disseminate high quality radiotherapy. I am glad that ESTRO is such a prominent platform for dissemination through multiple channels such as

EST<u>ro</u>

scientific meetings and workshops, teaching/training as well as international recommendations. Without ESTRO, vital changes in international practice such as in gynaecological radiotherapy over the last decade might not have happened.

Education and Qualifications

I graduated from Aarhus University in 1997 with a master degree in mathematics and physics as well as bachelor degree in art history. In 2002 I became certified as medical physicists and in 2008 I finalised my PhD studies within the topic of gynaecological brachytherapy from Faculty of Health at Aarhus University. I was appointed professor first at Washington University, St Louis, US, from 2013-2014 and at Aarhus University, Denmark, from 2014. I have published 193 papers in peer reviewed journals (H-index 45), mainly on the topic of radiotherapy in gynaecological cancer, but also on technology innovations in brachytherapy.

Personal

I live in Aarhus which is an attractive small city with rich cultural life and situated close to sea and forest. Aarhus is perfect for biking, and I enjoy clearing my brain on my bike back and forth from work during any season and in any weather. In my free time, I enjoy being with family/friends, and I spend time with some nature conservation projects. I enjoy being present in nature, and I enjoy biking, running and winter bathing.

Final statement

ESTRO is a most essential platform for establishing and carrying out international and interdisciplinary activities in radiation oncology. One of the major successes of ESTRO has been connecting radiation oncology colleagues across disciplines (radiation oncologists, medical physicists, RTTs and radiobiologists). I am keen to contribute further to developments of platforms which support interdisciplinary collaboration in ESTRO. Furthermore, I am very enthusiastic about the developments of online platforms for meetings and communication which emerged during the last years. I am keen to further explore these new platforms for teaching and scientific disseminations with the aims of reaching more people, allowing more flexibility in timing and duration of meetings, decreasing the burden of travel for ESTRO members, and not least save the planet from carbon footprint.

I consider my major priorities, as potential ESTRO board member, to facilitate activities which set international standards for high quality radiotherapy and to facilitate that high quality radiotherapy becomes available for European and international patients.